



# In My Shoes

by  **SORISTIC**  
Inform . Enable . Transform

## How-To-Play Guide



**SORISTIC**  
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Powered by

**NYC**  
NATIONAL YOUTH COUNCIL  
SINGAPORE



# INTRODUCTION

**Empathy** refers to the ability to understand and share others' feelings without direct personal experience. It is a crucial skill in Singapore's multicultural environment and has become even more relevant after the pandemic has exposed several underlying inequalities.

Soristic has developed two online simulation games that help you develop your empathy skills, both remotely and eventually in person.

## THE GAMES

The themes of the games are:

**Seniors**

**Youth**

Both games are similarly formatted, and the rest of this document explains how you can experience them.

## LET'S GET STARTED!

We recommend that you start with the **Youth** game and try the **Seniors** one afterwards.

Once you've chosen which game to play, turn over for the instructions.

# YOUTH

01

## Tell us about yourself!

Before you start the game, you will be asked to fill in some details about your age and gender.

This is anonymous and will only be used to make sure we are creating relevant content.

02

## Understand the objective.

There is **no single objective** for the Youth game, as success means different things to different people. There is a bigger point, though - the games are designed to help you understand different lives.

03

## Choose a character.

Now we're getting started! You'll **try all three** but you can choose between Arthur (mental health), Belinda (learning disabilities) or Curtis (low-income) first.



04

## Read your character profile.

Each character has a very specific backstory. (Don't worry: you can click on the profile icon in the bottom left to remind yourself.) Have a think about **what life as this character would be like** - and how it is similar or different to yours.

05

## Ready... set... go!

You're now ready to start the game. You will be presented with a series of situations and have to choose your (character's) response to each. **In order to keep track, turn over for a page to write your notes on...**

# NOTES AND REFLECTIONS



**NAME:**

**DATE:**

**ARTHUR**

**BELINDA**

**CURTIS**

**DISCUSSION RESPONSES**

**OTHER THOUGHTS**

# SENIORS

01

## Tell us about yourself!

Before you start the game, you will be asked to fill in some details about your age and gender.

This is anonymous and will only be used to make sure we are creating age-appropriate content.

02

## Understand the objective.

The objective of the Seniors game is to **survive** (keep **health** points above 5), but keep track of your **money** and **social** points as losing them could make this harder. It is more about the story, than success, so prioritise responding like your character would.

03

## Choose a character.

Now we're getting started! You'll **play through all three** but feel free to choose between Noora (social effects of Covid-19), Jonathan (economic effects of Covid-19) and Tea Guan (Homeless).



04

## Read your character profile.

Each character has a very specific backstory. (Don't worry: you can click on the profile icon in the bottom left to remind yourself.) Have a think about **what life as this character would be like** - and how it is similar or different to yours or people you know.

05

## Ready... set... go!

You're now ready to start the game. You will be presented with a series of situations and have to choose your (character's) response to each. **In order to keep track, turn over for a page to write your notes on...**

# NOTES AND REFLECTIONS



**NAME:**

**DATE:**

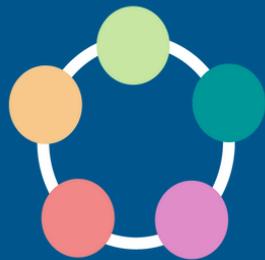
**NOORA**

**TERRY**

**TEA GUAN**

**DISCUSSION RESPONSES**

**OTHER THOUGHTS**



# SORISTIC

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Soristic Impact Collective is a social enterprise that seeks to support poverty alleviation and reduction of inequalities in communities in ASEAN.

We strive to be enablers for social change through our work with businesses, non-profits, organisations and communities in four main areas:

*Impact monitoring and evaluation*  
*Research and consulting*  
*Capacity building*  
*Philanthropy and CSR advisory*

To find out more about this project or our other work, visit our website at **[www.soristic.asia](http://www.soristic.asia)** or reach out via **[connect@soristic.asia](mailto:connect@soristic.asia)**.